

# INDIAN EX-SERVICEMAN

A QUARTERLY PUBLICATION OF THE INDIAN EX-SERVICES LEAGUE

(REGD No. S2495 of 1964-65)



“Dedicated to the welfare of ESM”



Service Beyond Services

सेवा के बाद भी समर्पण

## MESSAGE FROM FIELD MARSHAL KM CARIAPPA, OBE



### **FIRST PERSONAL LETTER ADDRESSED TO ALL OFFICERS OF ARMY BY THE FIRST INDIAN ARMY COMMANDER-IN-CHIEF, GENERAL KM CARIAPPA, OBE**

Firstly please deal sympathetically with all cases of ESM, which come to your knowledge. If an ESM comes to you with a request for help, do not send him away by saying "NO", this is not my job. Tell him if it is not your job and you cannot help him, where he can go and whom he should see for help. Remember these ex-servicemen have done their stuff for their country. It is because of their grand work in the past coupled with our humble efforts since we have been free, that our Army today is enjoying the respect, the confidence, and affection of our people.

**We can not neglect interest and welfare of our ex-servicemen, go out of way whenever possible to help them if you can.**

**Sd/- x x x  
General KM Cariappa, OBE  
Commander-in-Chief  
20 Feb 1953**

# Indian Ex- Serviceman

JULY - SEP 2025

## A Publication of the Indian Ex- Services League Contents

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## FROM THE PRESIDENT'S DESK



Dear Members,

1. The Union Cabinet approved the terms of references of 8th Central Pay commission, which will be revise the salary 50 lakh Central govt. employees and benefits 60 lakh pensioners.
2. The good news is that some relief due to increase in education grant, daughter's marriage grant etc as also increase in penury grant has been agreed by the Government.
3. ECHS problem continue to persist. It's now well established that shortage of funds continue and there is no improvement. Many empanelled hospitals are withdrawing their services due to long pending dues.

4. SPARSH issues are improving and I expect that by mid of next year all old cases will be resolved. As far as new retirees are concerned please convey to as many through your units and other contacts that those retiring should not make any mistake in their pension documents.

5. Rather disappointed to share that despite best efforts none of our proposals for better income generation for ESM have found favour with the Govt. Even the COAS has not been able to progress any of our projects despite his Nation Building initiatives. I have no fear in stating that such projects cannot be progressed by Soldier Boards or DG Resettlement.

**Brigadier Inder Mohan Singh ( Retd.)**  
**President**

### ◇◇◇ अध्यक्ष की कलम से ◇◇◇

प्रिय सदस्यों,

- 1- केंद्रीय मंत्रिमंडल ने 8वें केंद्रीय वेतन आयोग की संदर्भ शर्तों को मंजूरी दे दी है, जिससे 50 लाख केंद्रीय सरकारी कर्मचारियों के वेतन में संशोधन होगा और 60 लाख पेंशनभोगियों को लाभ मिलेगा।
- 2- कुछ राहत शिक्षा अनुदान, पुत्री विवाह अनुदान आदि में वृद्धि तथा निर्धनता अनुदान (Penury Grant) में बढ़ोतरी से मिली है।
- 3- ईसीएचएस (ECHS) से संबंधित समस्याएं अभी भी बनी हुई हैं। अब यह स्पष्ट हो चुका है कि धन की कमी लगातार बनी हुई है और इसमें कोई सुधार नहीं हुआ है। कई पैनेल में शामिल अस्पताल लंबित भुगतानों के कारण अपनी सेवाएँ वापस ले रहे हैं।
- 4- SPARSH से संबंधित समस्याओं में सुधार हो रहा है और मुझे उम्मीद है कि अगले वर्ष के मध्य तक सभी पुराने मामले सुलझा लिए जाएंगे। जहाँ तक नए सेवानिवृत्त होने वालों का संबंध है, कृपया अपने यूनिट्स और संपर्कों के माध्यम से यह जानकारी अधिक से अधिक लोगों तक पहुँचाएँ कि पेंशन दस्तावेज तैयार करते समय कोई गलती न करें।
- 5- यह बताते हुए खेद है कि हमारे सर्वोत्तम प्रयासों के बावजूद, पूर्व सैनिकों (ESM) के लिए आय में सुधार से संबंधित हमारे किसी भी प्रस्ताव को सरकार की स्वीकृति नहीं मिली। यहाँ तक कि थलसेनाध्यक्ष (COA) भी अपने "Nation Building" प्रयासों के बावजूद हमारे किसी भी प्रोजेक्ट को आगे नहीं बढ़ा पाए। मुझे यह कहने में कोई झिझक नहीं है कि ऐसे प्रोजेक्ट सैनिक बोर्डों या डीजी रीसेटलमेंट (DG Resettlement) द्वारा आगे नहीं बढ़ाए जा सकते।

**ब्रिगेडियर इंदर मोहन सिंह (सेवानिवृत्त)**

**अध्यक्ष**

# INDIAN EX- SERVICES LEAGUE, NEW DELHI

(REGD No. S2495 of 1964-65)

(Founded in 1964 by Field Marshal KM Cariappa, OBE and General KS Thimayya, DSO)

The Union Cabinet approved the terms of references of 8<sup>th</sup> Central Pay commission, which will be revise the salary 50 lakh Central govt. employees and benefits 60 lakh pensioners.

(Authority – GOI, Ministry of Defence)

Letter No 2 (2)/RECGN/IESL/KSB/A/2000 Date 04 Jan 2001)

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**PROCEDURE FOR SEEKING COMMON LIFE MEMBERSHIP OF INDIAN EX- SERVICES LEAGUE (IESL) THROUGH ONLINE MODE**

Dear Veterans /Veer Naris

You may seek common life membership of Indian Ex-Services League through online mode also. Procedure for seeking online membership – you may visit to IESL website – [Indianexservicesleague.in](http://Indianexservicesleague.in) – click to join us – Membership Form –Fill Columns of form, remit membership fee through on-line mode/NEFT/RTGS/QR Code separately and fill amount of fee, transaction No and Date of payment etc. in the form, upload PPO Copy and self-photograph- click submit, Veer naris may fill her name , date of birth at name and date of birth columns and upload her photo and PPO along with other particulars such as service No Regt/ Corps etc of her husband at prescribed columns. Your Membership card will be dispatched at your address within in 15 days.

IESL Main objectives are to provide assistance to ESM members, Veer Naris and their dependents in resolving problems relating to pension, allowances, grants, war gratuities, re-settlement and rehabilitation in close cooperation with the Govt. of India, States/UTs Govt. and non Govt organizations. We assure, we will do our best to rectify your anomalies within appropriate period.

To get renewal / new membership for IESL Quarterly Magazine. Please forward demand draft / Cheque /MO in favour of India Ex- servicemen League Payable at New Delhi or do RTGS/NEFT/ QR Code to A/C No. 0157101004278, Canara Bank, Diplomatic Enclave, Chankya Puri, New Delhi110021, (IFSC Code: CNRB0000157) for amount Rs 315/-multiply by Nos of year magazine require and intimate the same to IESL by e-mail or simple application. Rate of Quarterly Magazine of IESL is Rs 315 per year (Delivery by registered post)



## Council members Elected/ Ex- Officio Representing States & Union Territories

In compliance of para 24 of election Bye laws following is the List of 28 elected and Ex-Officio Council members

COUNCIL MEMBERS ELECTED BY IESL DELEGATES	MEMBERS REPRESENTING STATE/ UT LEAGUES
Hony Capt AR Dahiya – Haryana	Col KV Cherian - A&N
Col TC Dahiya – Haryana	Hav Reddy Srinivasa Vara Prasad - AP
Sub Surender Kr Kaushik – Haryana	Ins NK Singh - Bihar
NK Kulbir Singh Mor – Haryana	Lt Col Raghbir Singh Dagar - Delhi
Sub Maj Vijay Pal Singh- Haryana	Brig JP Anklesaria - Gujrat
Capt VS Narwal – Haryana	CPOR Anant Joshi - Goa
Col Mukhtiar Singh – Punjab	Lt Col YS Rana - HP
Hony Capt Gurdeep Singh – Punjab	Col R.S. Malik - Haryana
Hony Capt Baldev Singh – Punjab	Lt Gen Rakesh Kumar Sharma, AVSM, VSM - J&K
Hony Capt Joban Singh – Punjab	Col SS Rajan - Karnataka
Sub Maj Madan Lal Sharma – Punjab	Lt Col Jayadevan P - Kerala
Brig Kartar Singh – Rajsthan	Sub Maj Hony Capt Sonam Murup - Ladakh
Sub Maj Hony Capt Amar Chand – Rajasthan	Sgt Gopal Wankhade - Maharashtra
Col Omvir Singh Sinsinwar – Rajasthan	Lt Col Clement Lalhmingthanga - Mizoram
Col K L Kaushal - UP	Brig A Pradhan - Odisha
Sub Maj Raghuraj Singh - UP	Hav JK Perumal - Puducherry
Wg Cdr Asit Kumar De - WB	Brig DS Grewal - Punjab & Chandigarh
NK Satheesa Chandran – Kerala	Lt Gen KK Repswal, SM, VSM - Rajasthan
NK Bhuvanendran Nair – Kerala	Col Tashi Dhendup Bhutia - Sikkim
Col Rajinder Singh – J&K	Lt Col AA Rathinam- TN
Hony Lt Arjan Singh – J&K	Maj Yogendra Singh Katiyar - UP
Sub RN Upadhyay – Bihar	Maj Gen Mohal Lal Aswal - Uttrakhand
Hony Capt RN Singh – Bihar	Col Apurba Sikdar - WB
Sub Tanaji Keshav Waghmore – Maharashtra	
Lt Col RP Guleria – HP	
Sub Maj Hony Capt S Sugumar – TN	
Brig OP Yadav, YSM – Delhi	

# INDIAN EX- SERVICES LEAGUE

Established by a resolution of Lok Sabha by Field Marshal KM Cariappa and General KS Thimmayya  
Recognised by Government of India (MoD) as an Umbrella Ex-Servicemen Organisation

**Patron-in-Chief  
Defence Minister**

## PATRONS

Chief of Defence Staff  
Chief of the Army Staff  
Chief of the Naval Staff  
Chief of the Air Staff



## PRESIDENT

**Brig Inder Mohan Singh (Retd)**  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

Ref No. IESL/161/2025  
Chief Secretaries  
All Rajya Sainik Boards

12 Jun 2025

### INCLUSION OF STATES/UTs PRESIDENT OF EX SERVICES LEAGUE IN THE MEETINGS PERTAINING TO WELFARE OF ESM

Sir,

1. It is submitted for your information that all States/ UTs have the Ex-Services Leagues which are affiliated to Indian Ex-Services League (IESL) New Delhi. All these Leagues are democratically elected bodies who represent the grievances of Ex-Servicemen of the Armed Forces. The IESL is the recognized body of Veterans by Govt. of India having its office at 9 Nyaya Marg, Chanakypuri, New Delhi.
2. It is therefore, requested that the state/UTs President be included in all the meetings pertaining to the welfare of ESM, Widows & theirs dependents. These Ex-Services League have their reach right down to District and Tehsil Levels. It is a formidable disciplined force which is ever ready to take on any challenging responsibilities related to security and management in State.
3. Yours efforts to include the elected body of ESM at the state level will strengthen the civil military liaison and positive interaction between the civil administration and the veterans.

with regards

**Sd/- x x x**

**Brigadier Inder Mohan Singh (Retd)**  
**President**

Tel. No.: 011-46068120,46068121,26113669,26115435

Email : ieslhq@gmail.com

Website:www.indianexservicesleague.in

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Chief of the Air Staff



## PRESIDENT

Brig Inder Mohan Singh (Retd)  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

Ref. No. IESL/ 105/ 2025  
Commander Shailendra Singh Rawat  
Executive Officer  
INS India, Room No. 505, C-Block,  
Defence Offices Complex  
Africa Avenue, New Delhi- 110023

12 Jun 2025

## ASSISTANCE TO NAVAL PERSONNEL

Sir,

1. I am deeply honoured for sharing problems related to naval personnel who are away at sea and their communications back home with their kin.
2. IESL has Ex-Servicemen spread in most States and they can reach out to kin of naval personnel through social media as also through Zila sainik Boards.
3. I am enclosing names of our States Presidents and their mobile numbers who can further guide you to or League members in Districts and down to large number of villages.
4. These numbers can be shared with your units/ships so that whatever help is required is provided. List of states Presidents is enclosed at Appendix.

with regards

**Sd/- x x x**

**Brigadier Inder Mohan Singh (Retd)  
President**

Tel. No.: 011-46068120,46068121,26113669,26115435

Email : ieslhq@gmail.com

Website:www.indianexservicesleague.in

**LIST OF STATES/ UTS PRESIDENTS**

S. No.	State/UT	Name of President	Contact No
1.	Jammu & Kashmir	Lt Gen Rakesh Kumar Sharma, AVSM, SM (Retd)	8130762727
2.	Punjab	Brig D S Grewal (Retd)	9216660043
3.	Himachal Pradesh	Lt Col YS Rana (Retd.)	9736108811
4.	Haryana	Lt Col TC Dahiya (retd.)	9896503720
5.	Uttarakhand	Maj Gen Mohan Lal Aswal (Retd.)	9717173948
6.	Rajasthan	Lt Gen SPS Katewa, PVSM, AVSM (Retd)	8861763988
7.	Maharashtra	Sgt Gopal wankhade (Retd.)	9011004201
8.	Goa	CPOR Anant Joshi (Retd.)	9422971250
9.	Tamil Nadu	Col CT Arasu (Retd.)	9444891760
10.	Karnataka	Col SS Ranjan (Retd)	9449043770
11.	Kerala	Lt Col Jayadevan P (Retd)	6282476052
12.	Andaman & Nicobar	Col KV Cherian(Retd)	9932089801/ 9434281518
13.	Chandigarh	Maj RS Gujral (Retd)	9417474759
14.	Odisha	Brig A Pradhan (Retd)	9704958929
15.	West Bengal	Col Apurba Sikdar (Retd)	9475761628
16.	Bihar	Lt. NK Singh (Retd)	9304537945
17.	Andhra Pradesh	Hav RSV Prasad (Retd)	9121572499
18.	Sikkim	Col Tashi Dhendup Bhutia (Retd)	7585901017
19.	Delhi	Lt Col Raghbir Singh (Retd)	9716299009
20.	Gujrat	Brig JP Anklesaria (Retd)	9428702770
21.	Puduchery	Hav JK Perumal (Retd)	7598292279
22.	Mizoram	Lt Col Clement Lalhmingthanga (Retd)	9006555254

**Continue from page 30**

**Penury Grant**

**Eligibility:** President AWWA, on recommendations of the Executive Committee, can sanction a onetime grant at her discretion for those who are in economic distress and have not been provided financial relief from any other agency.

**Documents Required:**

- Copy of the Widow/Dependent Identity Card.
- An attested copy of the Discharge Certificate
- Copy of PPO

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Defence Minister**

## PATRONS

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Chief of the Naval Staff  
Chief of the Air Staff



## PRESIDENT

**Brig Inder Mohan Singh (Retd)**  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

Ref No. IESL/105/ 2025

10 July 2025

President, all States/ UT league

Dear IESL Colleagues,

1. I must share with you the interaction I had with senior PSOs on 08 July 2025 in a social function in Delhi.
2. I congratulated the COAS on the grand performance of the Indian Armed Forces in Op Sindoor.
3. **Points with AG.** Conveyed to the AG that no issue pertaining to anomalies arising out of equalization of pensions has been addressed. Now that the 8th CPC has been announced these anomalies should be addressed. I asked him about the constitution of 8th Army Pay Commission Cell (8 APCC). No such cell is likely to be created. The existing staff along with the other two Services will be taking up proposals with the Govt. In fact, even the Govt. 8th CPC is not yet constituted as emerged from the discussion with the AG. So please don't expect such.
4. **Points with QMG.** I conveyed to QMG that his Branch has been most helpful and most decisions pertaining to CSD have been taken meeting the aspirations of ESM. Conveyed that I will send some suggestions on improving the stocking as also the problem faced by Tamilnadu and few other large States.
5. **Points with DG Ceremonial & welfare.** I conveyed to the DG C&W that despite the long letter from COAS regarding issues that ESM can under take as part of his Nation Building proposal, not one has been implemented. I will write another letter to him in the hope that we can achieve something.
6. **IESL Initiatives.** We have to be confident of ourselves. We cannot be looking at Services HQ for helping us. I don't expect much. In this regard we at HQ are exploring opportunities for better income generation for HQ IESL as also individual members if they are desirous. This is the only way we can fund welfare activities. You will hear from us soon.
7. Please convey these points to all the members.

with regards

Sd/- x x x

**Brigadier Inder Mohan Singh (Retd)**  
President

Tel. No.: 011-46068120,46068121,26113669,26115435

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## PRESIDENT

**Brig Inder Mohan Singh (Retd)**  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

Ref No. IESL/ 353/ QMG/ 2025  
Lt. General VMB Krishnan  
Quarter Master General  
IHQ of MoD (Army)  
438, B Wing, Sena Bhawan  
DHQ PO New Delhi- 110001

24 July 2025

Sir,

1. In my short interaction with you in the social get- together at Manekshaw Centre on 08 July 2025, I mentioned that we need to improve the delivery system in URCs especially where Ex-Servicemen strength is high.
2. I must compliment you and your predecessor as also those managing CSD affairs as this is the only area where policy decisions have brought some satisfaction to the aspirations of Ex-Servicemen.
3. Some of the problems which are faced by Veterans and suggested solutions are as under:-
  - (a) In large States, especially in Central and South India because of limited number of mil stns CSD services are not within convenient reach. In some places Veterans have to travel over a 100 KM. I would say this is not cost effective. In Punjab which is a small State keeps but has large number of milstations and AF stations, I think the max distances in most districts is not more than 25 KM. A large number of URCs at non mil stations are manned by Ex-Servicemen. The indenting, stocking etc is in the hands of one of the mil units where a small team keeps a regular check. A similar model could be implemented in large States which have few CSD outlets. Since space a hired, Ex-Servicemen can be given an option to construct suitable space and offered appropriate rent.
  - (b) Why should there be huge rush when stocks are received for a day/two days and then the Veterans have to return disappointed. The logistic chains are very well establishment by the Fast Moving Consumer Goods (FMCG) Corporate. Today online delivery of most products doesn't take more than two to three days. Why should our depots be sticking to old methods of indenting weeks in advance and deliver once or twice a month? Why can't the indents be placed directly on FMCG networks by the Depot or even by the URCs. The FMCG Corporates will be too happy to deliver the requirements from nearest Warehouses.
  - (c) milstations Why restrict AFD items to particulars brands/ models. This creates a feeling that certain brands/ models are being favoured. Let all brands introduce their products with CSD prices and consumers be free to chose.

with regards

Sd/- x x x

**Brigadier Inder Mohan Singh (Retd)**  
President

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## PRESIDENT

Brig Inder Mohan Singh (Retd)  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

**Ref No. IESL/ 353/ 8th CPC/ 2025**

**24 July 2025**

Chief of Defence Staff  
Integrated HQ of MoD (Army)  
Sout Block, New Delhi-110001

Chief of Army Staff  
Integrated HQ of MoD (Army)  
New Delhi-110001

Chief of Naval Staff  
Integrated HQ of MoD (Naval)  
New Delhi-110001

Chief of Air Staff  
Integrated HQ of MoD (Air Force)  
New Delhi-110001

## SUGGESTIONS FOR 8th CPC

### Part-I

Sir,

1. In absence of any information as in past when 7th Army Pay Commission Cell (APCC) was established and sought inputs from Veterans Organisations through personal interaction, I think it is only appropriate to give our views through letters because 8th APCC has still not been constituted.
2. Since the issues are so large it would be difficult to collect and collate all such inputs from a vast cross section of Veterans where most feel harmed by the previous pay commission awards

Tel. No.: 011-46068120,46068121,26113669,26115435

Email : ieslhq@gmail.com

Website:www.indianexservicesleague.in

as also anomalies in the equalization post OROP implementation, I will be sending these in parts. Part-I covers our war Veterans and premature released personnel. The two points raised here pertain to our oldest Veterans:-

(a) **Youth Samman Yojana.** It was learnt that EC and SS officers would be paid Rs.15.00 lakh for their services in 1965 or 1971 war. We request the acceptance of this demand by Hon'ble Rakha Mantri and be implemented in the 8th CPC. In addition, there are jawans who were sent on discharge after having fought either 1965 or 1971 and some both the wars. Why ignore Jawans when officers are being given this benefit. They were not even given reservist pension. Some regular Commissioned Officers who after having served in 1965 and or 1971 wars proceeded on premature release due to various reasons. No officer would leave service but for compelling reasons. They too should be awarded under Yudh Samman Yojana.

(b) **Pre- mature release of all Ranks.** The nation is aware that all our MPs and MLAs in large number of States not only get pension for being elected once, they get multiple pensions for every subsequent term in parliament and some State assemblies. This issue is hotly debated on social media. Whilst we can not enforce public opinion on this issue, it would be in fitness of things that regular officers who served five years or more be also given suitable pension. The figure would not be large and outflow not much. This will also enable the society to restore its faith in our system that Veterans are no less than elected members of our parliament / State assemblies. Similarly Jawans/ NCOs who left without completion of pensionable service be also given pension. The pension can be on pro data basis. This will be social justice.

with regards

**Sd/- x x x**

**Brigadier Inder Mohan Singh (Retd)  
President**

**Copy to:-**

**Adjutant General  
AG's Branch, IHQ of Mod (Army)  
New Delhi-110011**

**Dte of Indian Army Veterans (DIAV)  
104, Cavalry Rd, Maude Lines,  
Delhi Cantonment, New Delhi -110010**

**Air Force Association  
Air Force Station  
Race Course Camp, New Delhi -110003**

# INDIAN EX- SERVICES LEAGUE

Established by a resolution of Lok Sabha by Field Marshal KM Cariappa and General KS Thimmayya  
Recognised by Government of India (MoD) as an Umbrella Ex-Servicemen Organisation

**Patron-in-Chief  
Defence Minister**

## PATRONS

Chief of Defence Staff  
Chief of the Army Staff  
Chief of the Naval Staff  
Chief of the Air Staff



## PRESIDENT

**Brig Inder Mohan Singh (Retd)**  
Office: 9, Nyaya Marg,  
Chanakya Puri New Delhi- 110021

Ref No. IESL/105/2025

01 Aug 2025

Shri Amit Shah  
Hon'ble Home Minister  
Ministry of Home Affairs  
Room No. 104, North Block  
New Delhi- 110001

Smt. Nirmala Sitaraman  
Hon'ble Finance Minister  
Ministry of Finance  
Room No. 134, North Block,  
New Delhi- 110001  
Sir/ Madam,

1. I write you again about the FCRA restriction imposed on Indian Ex- Services League (IESL) on receiving grants for Indian Army personnel who served in the British Indian Army before independence and then discharged from service without any pension. We were getting this grant through Royal Commonwealth Ex-Services League (RCEL), London. This was stopped in 2019.
2. IESL wrote many letters that this restriction be lifted but to no avail. I don't think any reply has been received by IESL. Keeping the attitude of the Govt. of India in mind. I have decided not to progress the issue of lifting the restrictions and we will live with this decision if the Govt. of India feels Indian Soldiers and their widows getting pension from RCEL is not justified. 51 other Commonwealth Countries are an exception to India's policy and that includes Pakistan also which was part of the British Indian Army.
3. However, the reason for me to communicate this is to bring to your notice that our country, claiming to be the fastest growing economy in the world, heading to be the fourth largest economy at 4 trillion dollars takes aid from the same UK Govt. The news item that appeared in the Times of India on 25 July 2025 is enclosed. I wonder who needs the money from UK more. The Veterans who fought for India in World War-II or the Govt. of India. Such issues hurt us more than the stopping of financial assistance.

with regards

**Sd/- x x x**

**Brigadier Inder Mohan Singh (Retd)**  
**President**

Tel. No.: 011-46068120,46068121,26113669,26115435

Email : ieslhq@gmail.com

Website:www.indianexservicesleague.in

**Tele: 25683476**

**B/49761/AG/ECHS/ Medicine Policy/ 2025**

**IHQ of MoD (Navy) /Dir ECHS (N)  
Air HQ (DAV) /Coord  
HQ Southern Command (A/ECHS)  
HQ Eastern Command (A/ECHS)  
HQ Western Command (A/ECHS)  
HQ Central Command (A/ECHS)  
HQ Northern Command (A/ ECHS)  
HQ South Western Command (A/ECHS)  
HQ Andaman & Nicobar Command (A/ECHS)  
All Regional Centres**

**Central Organisation ECHS  
Integrated HQ of MoD (Army)  
Adjutant General's Branch  
Thimayya Marg,  
Near Gopinath Circle,  
Delhi Cantt. – 11001**

**05 May, 2025**

**DOMICILIARY MEDICAL EQUIPMENT FOR ECHS BENEFICIARY: PROVISION OF EX-POST FACTO APPROVAL AND REIMBURSEMENT OF THE COST OF THE LIFE SAVING DOMICILIARY MEDICAL EQUIPMENT OXYGEN CONCENTRATOR/ CPAP /BIPAP/BILEVEL VENTILATORY SYSTEM OR ANY OTHER LISTED DOMICILIARY MEDICAL EQUIPMENT REQUIRED URGENTLY**

1. Please refer the following:-

- (a) CO ECHS Policy Letter No B/49761/AG/ECHS/ Medical Policy/ 2023 dated 30 Nov, 2023.
- (b) GoI (MoD/DoESW) ID NO 18(114)2017 – D(WE/Res-I) dated 07 Mar 2025.

2. As per the existing provisions prior sanction for individual reimbursement for purchase of Domiciliary Medical Equipment up to the ceiling rates is required. However, there are numerous occasions when life saving domiciliary medical equipment such as Oxygen Concentrator / CPAP / BIPAP/ BILEVEL Ventilatory system are required immediately by the patient on discharge based on the advice of the treating doctor. The ECHS beneficiary is left with no option but to procure the equipment from the market under own arrangement and obtaining prior sanction during such conditions is not practically feasible before purchase of the prescribed life saving domiciliary Equipments.

3. The Issue has been considered by the competent authority. Sanction of MD ECHS is hereby accorded for ex-post-facto sanction of life saving domiciliary Med Eqpts i.e Oxygen Concentrator, CPAP, BIPAP & Bilevel Ventilatory System or any other listed domiciliary medical equipment required urgently for reimbursement of cost of eqpts upto CGHS ceiling limit which is amended time to time. The veteran will ensure an emergency certificate is taken from the treating physician. The same will be countersigned by the Service Spl/ Govt Spl.

4. Consumables. The consumables for the equipments will be procured by SEMO/ Comdt/ CO Hosp and issued under arrangements of OIC Polyclinic. In case item is NA in Medical stores of Polyclinics, consumables will be issued through Authorized Local Chemist (ALC). If the same is not available in ALC / dispensary of ECHS Polyclinic then NA on prescription will be given to the beneficiary based on which he/she can purchase from local market and claim reimbursement.

5. Request for replacement of machine after completion of five years will need to be advised and processed in the manner as given in CO ECHS Policy letter dated 30 Nov 2023 or the policy in vogue at that time.

6. Cases where no ceiling has been prescribed or is an unlisted equipment, the same will be referred to the High Power Committee (HPC).

7. The instructions will be implemented from 07 Mar 2025.

**Sd/- x x x  
(AC Nishil)  
Col  
Dir (Med)  
For MD ECHS**

### **ACTIVITIES OF LEAGUE**

**LT Gen Manoj Natarajan, SC, VSM, President MD ECHS visited HQ IESL on 31 July 2025 and brief to the members of IESL Executive Committee on ECHS related issues.**



**MD ECHS addressing Executive Committee members**



**President and MD ECHS Interacting with IESL Executive Committee members**



**MD ECHS with EC Members**

**236th Executive Committee meeting was held  
on 31 July 2025 at HQ IESL Chanakyapuri, New Delhi.**



**A meeting of Delegation of IESL With MD ECHS was held on 30 July 2025 at CO ECHS Office and discussed on Issues/ points related to ECHS received from State Ex-Services Leagues**

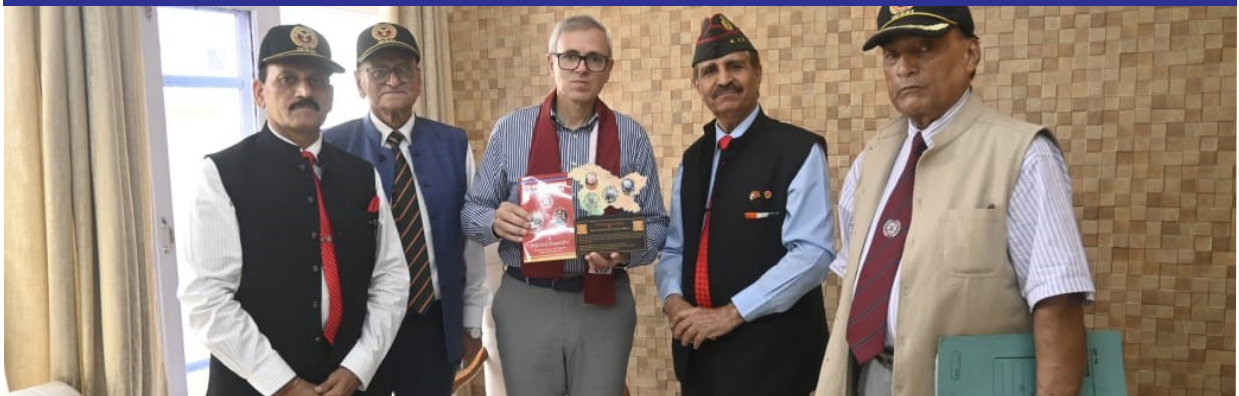


**ACTIVITIES OF STATES / UT ESL**

**Kerala State Ex Services League's Governing Council meeting was held from 18 to 20 July 2025. Col CT Arasu (Retd.), Senior Vice President IESL attended the event**



**Jammu & Kashmir Ex-Services League (J&KESL) delegation met Hon'able Chief Minister Of J&K on 20 Jun 2025 and projected various issues pertaining to the welfare of ESM**



**20 Maharashtra Ex-Service League Pune Annual General Meeting was held on 18 Sep 2025. Brig Inder Mohan Singh (Retd.), President IESL attended the event**



**Tele: 20892597**  
**Telefax: 011-20892597**

**B/49711-NSC/AG/ECHS/ Gen Corr**

**IHQ of MoD (Air Force)**  
**IHQ of MoD (Navy)**  
**HQ South Comd (A/ECHS)**  
**HQ East Comd (A/ECHS)**  
**HQ West Comd (A/ECHS)**  
**HQ Central Comd (A/ECHS)HQ Northern Comd (A/ ECHS)**  
**HQ South West Comd (A/ECHS)**  
**HQ ANC**  
**HQ SFF & HQ Coast Guard**

**Central Organisation ECHS**  
**Adjutant General's Branch**  
**Integrated HQ of MoD (Army)**  
**Thimayya Marg,**  
**Near Gopinath Circle,**  
**Delhi Cantt. – 11001**

**10 Jun, 2025**

**Source Dot Com Private Ltd.**

Plot No. 16 Electronic City, Sector- 18  
 Udyog Vihar, Phase – IV, Gurgram, Haryana-122001

**M/s. UTI-ITSL**

UTI Bhawan, Plot No. -3, Sector- 11, CBD Belapur,  
 Navi Mumbai, Maharashtra- 400614

**All Regional centres**

**ANNUAL VALIDATION OF ECHS MEMBERSHIP OF DEPENDENTS BY SUBMISSION OF ELIGIBILITY DOCUMENTS BY PRIMARY BENEFICIARIES**

1. It is intimated that after seeking feedback from the environment, it was observed that there is a requirement to issue a detailed letter on annual validation of ECHS dependents by a submission of eligibility documents.
2. It is intimated all dependent beneficiaries (less spouse) are liable for annual validation. Any ECHS dependent who fail to complete annual validation, within stipulated period, **will not be permitted to avail medical facilities, till annual validation has been completed. ECHS card of beneficiary** will be disabled for duration till Annual validation is not completed by beneficiary. Actions to be taken by each stakeholder to carry out annual validation is mentioned in succeeding paras.

**Action by Primary beneficiary/Esm**

4. A system generated warning message will be suitable displayed to submit eligibility documents of dependents who are 64 KB ECHS card holders on completion of 11 months after the date of collection of the cards for the first time or last date of annual validation in the following manner:-

- (a) **When Beneficiary visits PC and authenticates on kiosk.** A warning message will be displayed to the beneficiary to complete annual validation with supporting documents online by a specific data.
- (b) **When Primary Beneficiary Logins at ECHS web Portal.** Details of cards due to annual validation will be displayed for which necessary documents have to be uploaded online.
- (c) **ECHS Beneficiaries Mob App.** Details of cards due to annual validation will be displayed for which necessary documents will have to be uploaded online on ECHS Mobile App on opening the Mobile App and logging in.
- (d) If request for eligibility extension has been rejected by OIC PC due to any observation. ESM should re-submit application rectifying observations raised by OIC PC.

5. It will be the responsibility of Primary Beneficiary/ dependents to timely upload documents for establishing the Eligibility to ensure validity of 64 KB ECHS Card. Primary Beneficiary to submit the following documents:-

**(a) Eligibility Certificate for Dependents.**

- (i) The Primary Beneficiary will provide **Eligibility Certificate** for all his/ her dependents, excluding spouse.
- (ii) The Primary beneficiary will select the dependent and then select an option i.e. PAN Card available/ not available from the dropdown menu.
- (iii) In case **PAN CARD is available** for the chosen dependent, then from 26AS for preceding two consecutive financial years will be uploaded.
- (iv) In case **PAN Card is not available** for the chosen dependent then the Primary Beneficiary will upload an Income Certificate obtained from the State Revenue Department. It is however, desirable that all beneficiaries should have PAN Card.
- (v) The primary Beneficiary satisfy himself/ herself that the income of the dependents is not more than **INR 9000/- (Excluding DA)** PM for each dependent other than parents. In case of **parent**, the combined income of father and mother should not exceed Rs. 9000/- (Excluding DA) per month.
- (vi) The Primary beneficiary will thereafter submit **online declaration for all dependents which will be auto populated**. A declaration as per format given at **Appx A** will be submitted by clicking the check box 'I Agree'.

6. **Action by OIC Parent Polyclinic.** Scrutinize application received from Primary beneficiary /ESM/ Dependent at Guest user module (Pending Eligibility Request Tab) and approve on basis of correctness of documents. In case, of any observation in documents, OIC PC will reject application and beneficiary will resubmit application after addressing the reasons for rejection. OIC PC is also authorized to seek any additional financial documents for verification, moreover should also check manually, in case of parents only, that the combined income of father and mother should not exceed Rs.9000/- (Excluding DA) PM.

7. **Extension of Validity: ECHS Card** Once the actions as above are completed by the OIC PC, The validity of all 64 KB ECHS cards which have been approved by OIC Parent Polyclinic will be further extended by **fifteen months**. This will be applicable to all those cards whose annual validation has been approved by OIC PC wef 15 Jun 25. For all the cards where annual validation was approved before 15 Jun25 due date for annual validation will be as per date of last successful annual validation. Validity of annual validation period for ECHS cards has since been extended from 12 months to 15 months wef 15 Jun25.

8. **Revival of ECHS Membership Based on Income Criteria.** Dependents of Primary beneficiary who were are earlier denied ECHS membership due to their income being more than INR 9000/- (excluding DA) may apply for membership again, if the income has again become less than INR 9000/- (excluding DA) for consecutive two years. The proof of the same will be obtained from **Form 26AS/ Income Certificate from State Govt. Revenue Dept.**

9. **One-time Annual Validation.** It is intimated that special waiver has been granted by competent authority for following categories of ECHS Dependents:-

**(a) White card Holder.** One -time annual validation is mandatory for white card holders, however for subsequent period, a life time waiver for annual validation for white card holders under relevant clause of Person with Disability (PwD) Act has been approved by competent authority, for those ECHS beneficiaries who have been provided 64 KB ECHS white card.

**(b) ECHS Dependents above 80 years of age.** One- time annual validation is mandatory for ECHS dependents who are more than 80 years of age, however for subsequent period, a life time waiver for annual validation has been approved by competent authority for those ECHS beneficiaries who have been provided 24KB ECHS card.

10. This letter supersedes all letters issued earlier by Central Organization ECHS regarding annual validation of ECHS dependents. This letter to be disseminated down to ECHS polyclinics for the information of all ECHS beneficiaries.

Sd/- x x x  
(B S Poswal)  
Brig  
Dy MD ECHS  
For MD ECHS

Tele: 25684645  
 Telefax: 011-25684945  
 jditechs1@echhs.gov.in

**B/49711-NSC/AG/ECHS/ Gen Corr**

IHQ of MoD (Air Force)  
 IHQ of MoD (Navy)  
 HQ South Comd (A/ECHS)  
 HQ East Comd (A/ECHS)  
 HQ West Comd (A/ECHS)  
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 HQ ANC  
 HQ SFF & HQ Coast Guard

All Regional Centres

Central Organisation ECHS  
 Integrated HQ of MoD (Army)  
 Adjutant General's Branch  
 Thimayya Marg,  
 Near Gopinath Circle,  
 Delhi Cantt. – 11001

10 Jun, 2025

**ONLINE PROCEDURE TO CHANGE REGISTERED MOBILE NUMBER**

1. All the time of filling online application for 64 KB ECHS Smart Cards, all Ex-Servicemen (ESM)/ Primary beneficiary register with a mobile number. A simplified procedure has been implemented where ESM/ Primary beneficiary can change his/her registered mobile number including dependents once he/she has collected his/her 64KB ECHS Smart Cards.
2. **Action by the ESM.** The ESM/ Primary beneficiary will adopt following procedure: -
  - (a) He/ She will login to ECHS website, [echhs.sourceinfosys.com](http://echhs.sourceinfosys.com) using his login credentials.
  - (b) He/ She has to click on the "more option" tab then after click on "**change mobile number (primary)/ change mobile number (dependents)**" tab and feed new mobile no and submit.
  - (c) Approach the parent polyclinic and insert the 64KB ECHS Smart Card in KIOSK Machine for updation of data. This will ensure that the new mobile number gets printed on prescription also.
3. This letter supersedes all letters issued earlier by central Organisation ECHS regarding change of mobile number. This information is to be disseminated to all Polyclinics and displayed at prominent places for information of ECHS beneficiaries.

Sd/- x x x  
 (Anurag Bhardwaj)  
 Col.  
 Dir. (Stats & Automation)  
 For MD ECHS

**Tele: 25684645**

**Telefax: 011-25684956**

**jditechs1@echhs.gov.in**

**B/49711-NSC/AG/ECHS/ Gen Corr 29 July 2025**

IHQ of MoD (Air Force)

IHQ of MoD (Navy)

HQ South Comd (A/ECHS)

HQ East Comd (A/ECHS)

HQ West Comd (A/ECHS)

HQ Central Comd (A/ECHS)

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Adjutant General's Branch  
Thimayya Marg,  
Near Gopinath Circle,  
Delhi Cantt. – 11001

**ONLINE PROCEDURE TO CHANGE WRONG  
MOBILE NUMBER DURING REGISTRATION**

1 It is learnt after seeking feedback from the environment that a large number of ESM/ Primary Beneficiary feed their Mobile Number incorrectly during registration of ECHS application, which results in non-receipt of One Time Password (OTP) for verification of Mobile Number. Non verification of mobile Number will not allow ESM/Primary Beneficiary to process the ECHS application. If ESM/ Primary Beneficiary submit wrong Mobile number during registration, the following procedure be adopted to update correct Mobile Number:-

1.1 He/ She will login to ECHS website i.e. **echhs.sourceinfosys.com** with login credentials as saved by individual during registration.

1.2 Post Login, A window will appear for Mobile verification for submission of OTP. The same window will also appear with a tab "**Change Mobile No.** ESM/primary Beneficiary can change the number by clicking on the tab by submitting **security answers** (as mentioned during registration) and **new mobile number**. After that ESM / Primary Beneficiary to fill the captcha and click on **Change Mobile Number** tab.

1.3 Fresh OTP will be received on new mobile for onward process of filling up ECHS application.

2. The information is to be disseminated to all polyclinics and displayed at prominent places for information of ECHS Beneficiaries.

**Sd/- x x x**  
**(Anurag Bhardwaj)**  
**Col**  
**Dir (Stats & Automation)**  
**For MD ECHS**

**Tele: 25684645**  
**Telefax: 011-25684946**  
**jditechs1@echhs.gov.in**

**B/49711-NSC/AG/ECHS/ Gen Corr**

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**Thimayya Marg,**  
**Near Gopinath Circle,**  
**Delhi Cantt. – 11001**

**10 Jun, 2025**

**ONLINE PROCEDURE TO CHANGE PARENT POLYCLINIC**

1. It is intimated that after seeking feedback from the environment, procedure for changing parent polyclinic of any ECHS beneficiary has been made simplified. The facility can be exercised once in three months by beneficiaries who have already collected the 64 KB ECHS Smart Card.

2. **Action by the ESM/ Primary Beneficiary.** The ESM / beneficiary will adopt following procedure:-

(a) When Primary beneficiary logs in at **ECHS web portal**. Primary beneficiary /ESM will login to ECHS website, **echhs.source Infosys.com** using his login credentials. He/ She has to click on the **"more option"** tab than click on **"Change parent polyclinic"** tab and select the beneficiary whose polyclinic is required to be changed. Furthermore, select the new polyclinic from drop down and save details.

(b) **ECHS Beneficiary Mob App**. ECHS beneficiary login to ECHS Mob App using his/her ECHS Card number and 4 Digit mobile pin. He/ She has to click on **"polyclinic change"** option and select the beneficiary whose polyclinic is required to be changed then after click on **"change PC request"**. Moreover, select the new polyclinic from drop down and click on **"Change request"** tab.

(c) Approach the new polyclinic and insert the 64KB ECHS Smart Card in KIOSK Machine for updation of date.

3. This letter supersedes all letters issued earlier by Central Organisation ECHS regarding change of parent polyclinic. This information is to be disseminated to all Polyclinics and displayed at prominent places for information of ECHS beneficiaries.

**Sd/- x x x**  
**(Anurag Bhardwaj)**  
**Col.**  
**Dir. (Stats & Automation)**  
**For MD ECHS**

No. 18(5)/2024-D(WE)  
 Government of India  
 Ministry of Defence  
 D/o Ex-Servicemen Welfare  
 D(WE/Res-I)  
 \*\*\*\*

237, B-wing, Sena Bhawan, New Delhi  
 Dated the 29<sup>th</sup> August, 2025

To,  
 The Chief of Defence Staff  
 The Chief of Army Staff  
 The Chief of Air Staff  
 The Chief of Naval Staff

**Subject: Grant of Medical Facilities under Ex-Servicemen Contributory Health Scheme (ECHS) to officer cadets who are invalidated from their training on medical ground due to causes attributable to or aggravated by military training**

Sir,

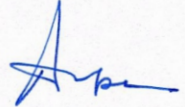
I am directed to convey the sanction of the Competent Authority for grant of medical facilities under Ex-Servicemen Contributory Health Scheme (ECHS) to officer cadets who are invalidated from their training on medical ground due to causes attributable to or aggravated by military training subject to the following:-

- (a) Apply for membership of ECHS and accept ECHS rules
- (b) Avail facility for individual only
- (c) Avail free OPD services from ECHS Polyclinics
- (d) Avail cashless OPD/ IPD/ Investigations in ECHS empanelled Hospitals
- (e) Should not be member of any other Government Health Scheme

2. The one-time subscription fee (i.e Rs 1.20 lacs currently applicable to ESM officers) will not be charged from the officer cadets towards joining the ECHS Scheme.

3. This sanction is being granted as a special dispensation and shall not be quoted as a precedence.

4. This issues with the concurrence of Department of Expenditure, Ministry of Finance vide Note No. 1(5)/EV/2024 dated 25.08.2025 and vetted by MoD(Fin/Pen) ID No 32(03)/2024/Fin./Pen. Dated 28.08.2025.

  
 (Dr. P. P. Sharma)  
 JS/OSD(WE/I&C)  
 Tel: 2301 5772  
 Dr. P. P. Sharma  
 JS/OSD (WE/I&C)

**Copy to:-**

1. Sr. PPS to Secretary(ESW)
2. PPS to JS (ESW)
3. MD, ECHS
4. O/o CGDA, Ulan Batar Road, Delhi Cantt., New Delhi
5. JS(PF C-II), DoE, MoF
6. National Defence Academy (NDA), Khadakwasla
7. Indian Military Academy (IMA), Dehradun
8. Officers Training Academy (OTA), Chennai
9. Officers Training Academy (OTA), Gaya

# What Should an Ex-Serviceman Do Immediately After Retirement?

By Brig OP Yadav, YSM (Retd)

There is an old adage that one who has taken, birth will certainly die one day. Similarly, a person who had joined a job will either retire or die in harness. The situation in the armed forces is very peculiar because the retiring age of the person may range anything from 35 years for a Sepoy to 60 years of service for a General Officer. Notwithstanding the same, everyone of us have to become ESM at the end of our military service except those martyrs who made supreme sacrifices for the country. I have endeavoured to make a check list for the ESM at the time of retirement which is given below:-

## 1. **Collect and Verify the Service Documents Before leaving your unit.**

- Discharge Book / Service Book
- Pension Payment Order (PPO)
- Last Pay Certificate (LPC)
- Leave Encashment and Gratuity details
- Medical Board Proceedings (if applicable)
- Service Record Extracts (for future verification)
- Character / Conduct Certificate

## 2. **Register with Zila Sainik Board (ZSB).**

- Visit your district's ZSB office (usually in the Collectorate or near military areas).
- Carry your Discharge Book, PPO, Aadhaar, PAN, photos, and address proof.
- Obtain your Ex-Serviceman Identity Card. Get your name registered in the ZSB database for welfare schemes.
- Please remember that ZSB is your first contact for all welfare, pension, and employment help after retirement.

## 3. **Pension and Bank Formalities:**

- Confirm that your pension account is active and linked with SPARSH .
- Verify PPO details and ensure your spouse's name and date of birth is correctly endorsed for family pension.
- Apply for commutation if not done earlier.
- Check gratuity and leave encashment credited to your account.
- Update nominee details in your bank and pension record.

Please ensure that you always keep one joint account with spouse for pension credits.

## 4. **Enroll in ECHS (Health Scheme).**

- Apply online on [www.echs.gov.in](http://www.echs.gov.in) for ECHS Smart Card.
- Submit application to your nearest ECHS Polyclinic.
- Ensure spouse and dependents are included.
- Once received, activate the card and register at a nearby ECHS Polyclinic.

Unless you obtain the ECHS Card you will not be eligible for Free treatment at ECHS and empanelled hospitals across India.

**5. Update CSD Smart Card:**

- Visit your nearest station HQ/CSD Depot or URC.
- Submit discharge book and PPO copies for updating your card status from "Serving" to "Retired."
- Verify your entitlement category (Officer / JCO / OR).
- Renew or replace old CSD card if expired.

This will provide you continued access to the subsidized goods in CSD canteen across the country.

**6. Register for Re-employment (DGR / Employment Exchange). Register yourself on Directorate General Resettlement (DGR) website: <https://dgrindia.gov.in>**

- Apply for resettlement training programs (IT, security, management, etc.) well before retirement.
- Enroll in State Employment Exchange for ex-servicemen.
- Keep your ESM ID card handy for job preferences under reservation quota.
- As an ESM You will get Priority job opportunities in Govt, PSU, and private sectors.

**7. Apply for Housing / Welfare Schemes if not done during service. Register with Army Welfare Housing Organisation (AWHO).**

- Check Kendriya Sainik Board (KSB) website for ongoing welfare grants.
- Apply for financial aid for children's education or marriage, if eligible.
- Explore Rural Housing Schemes for veterans.
- **Visit ZSB who can guide you about Government welfare schemes for which you are eligible.**

**8. Income Tax & Legal Formalities**

- Keep your Form 16 and PPO ready for IT filing.
- File your Income Tax Return (ITR) annually (even if income is only pension).
- Confirm tax exemptions (like disability pension or gallantry awards).
- Update PAN, Aadhaar, bank KYC everywhere.

**9. Join Ex-Servicemen Associations**

- Join the Government recognised ESM Association like INDIAN EXSERVICES LEAGUE for support and updates on welfare scheme.
- Participate in ESM rallies and pension adalats for awareness.
- Stay connected with IESL , your Regimental Centre and Record Office.
- Staying informed about new welfare schemes, policies, and events is very important to avail the benefits announced by the government from time to time.

**10. Keep Emergency Contacts Handy**

- Zila Sainik Board Officer (ZSB)
- Record Office helpline (as per your regiment)
- ECHS Helpline: 1800-114-115
- SPARSH Portal: <https://sparsh.defencepension.gov.in>
- DGR Helpline: 011-26175473
- IESL Helpline: 011-46068120/46068121, Mobile No: 7011920098, Email Id: ieslhq@gmail.com

# DESW Internship Scheme

## Department of Ex- Servicemen Welfare (DESW)

### Ministry Of Defence.

### Govt. Of India

The Department of Ex-Servicemen Welfare (DESW) works to ensure the welfare, resettlement, pension and healthcare of retired Indian Armed Forces personnel and their dependents. It has three attached offices: Kendriya Sainik Board (KSB), Directorate General of Resettlement (DGR), and Ex-Servicemen contributory Health Scheme (ECHS).

To provide an opportunity to youth to sensitive themselves about the priorities relating to Ex-Servicemen Welfare, DESW invites application for internship under the above scheme.

The details of the scheme are given below. The candidates are requested to apply online. If you wish to apply Click here for application.

1. **Objective:** To engage Indian Youth as interns to gain first-hand experience and understanding of welfare, healthcare, resettlement, and administrative schemes meant for Ex-Servicemen. The interns will undertake a structured study and submit a report that may contribute to policy or program improvements.

2. **Nature of Engagement:** This is a non-remunerative internship offered by the Department of Ex-Servicemen Welfare. It is designed to be informative, analytical, and research-oriented in nature.

#### 3. **Eligibility Criteria:**

(a) The applicant must be a citizen of India.

(b) The applicant should be a graduate or postgraduate student from any recognized university or institution in any academic stream.

(c) A No Objection Certificate (NOC) from the parent institution must be submitted along with the application.

#### 4. **Duration of Internship:**

- Minimum duration: 2 months.

- Maximum duration: 12 months.

- Internships are available throughout the year, based on DESW requirements.

#### 5. **Scope of work:**

Interns will be assigned specific topics related to:

(a) Welfare schemes for Ex-Servicemen and their families

(b) Resettlement and rehabilitation programs

(c) Healthcare policies for veterans

(d) Administrative processes and challenges in veteran affairs. Each Intern shall submit a comprehensive research report upon completion.

#### 6. **Deliverables:**

Interns will be expected to:

(a) Study and analyse the assigned area.

(b) Submit a well- researched report summarising key observations, best practices, challenges, and recommendations.

(c) Articipate in discussion or presentation if required.

#### 7. **Completion & Certification:**

(a) Interns shall submit their final report to the designated officer.

(b) Based on satisfactory performance, DESW will issue a certificate of successful completion.

(c) DESW may publish selected reports or excerpts, with due credit to the intern.

8. Candidates meeting the above eligibility criteria are require to fill in their details in the Google Form. Once approved for the interview, they are required to submit the hard copy of Resume, Statement of purpose (max. 200words), No Objection Certificate from institution.

## AWWA GRANTS

### Education Grants

**Eligibility:** All ladies widowed after the retirement of their husbands are eligible for the educational scholarship grant provided by AWWA.

- **Class I to Class VIII:** ₹10,000/- per child (up to two children per academic year)
- **Class IX to Class XII:** ₹14,000/- per child (up to two children per academic year)
- **Graduation:** ₹20,000/- per child (up to two children per academic year)
- **Post Graduation:** ₹25,000/- per child (up to two children per academic year)

Documents Required:

- Copy of the Widow/Dependant Identity Card.
- An attested copy of the Discharge Certificate.
- Copy of PPO
- Copy of School/College identity card, previous years mark sheet and current academic year tuition fee deposit receipt must be attached to process the claim.

### Technical Education Grant

**Eligibility:** Technical education grant to the children of widows after retirement and disabled soldiers invalided out of service on medical grounds and not drawing any pension, pursuing technical/higher education.

- **Professional Courses :** Rs 50,000/- per child (upto two children in one academic year)

Documents Required:

- Copy of the Widow/Dependant Identity Card.
- An attested copy of the Discharge Certificate
- Copy of PPO
- Copy of School/College identity card, previous years mark sheet and current academic year tuition fee deposit receipt must be attached to process the claim.

### Ex-Gratia Grant

**Eligibility:** A one-time grant of Rs 30000/- (Applicable from 1st Jan 2022) is being given as a token of immediate financial relief from AWWA to the next of kin of all ranks of the Army who die in harness. This amount is supposed to be given by the unit/formation/institution/establishment immediately on demise of a soldier and reimbursed by AWWA subsequently.

### Daughter's Marriage Grant

**Eligibility:** AWWA provides financial relief for marriage of Widows/dependants/orphaned children

- Rs 50,000/- (Upto two daughters.)

**Documents Required:**

- Copy of the Widow/Dependent Identity Card.
- (b) An attested copy of the Discharge Certificate.
- (c) Copy of PPO
- (d) Marriage Card

### Sewing Machine Grant

**Eligibility:** Sewing machine grant is for wards of battle casualty (non fatal) or indl himself.

- Rs 6,000/- 50% cost or 6,000/- Maximum
- To be processed through respective Record Office.

**ORGANIZING SPARSH OUTREACH PROGRAM FOR IDENTIFICATION AND RESOLUTION OF GRIVENCES IN RESPECT OF SPARSH PENSIONERS/ FAMILY PENSIONERS AND NATION WIDE DIGITAL LIFE CERTIFICATE (DLC) CAMPAIGN 4.0 PROMULGATED BY DOP & PW**

1 Deptt of pension & pensioners Welfare, Ministry of Personal, PG & Pensions, New Delhi is organizing Digital Life Certificate Campaign 4.0 in 2000 cities and towns covering all districts HQs from 01st to 30th November 2025 with an objective to promote increase use of Face based Authentication Technology and other DLC modes with a target of reaching out to all the pensioners, including those in the remotest corners of the country.

2 All the SPARSH Service Centres (SSCs) of the CGDA and all the banks acting as service Centres have been geared up for the month long DLC campaign 4.0 to achieve desired results. Controller of Defence Accounts, Delhi Cantt has identified 79 stations where SPARSH outreach programme for DLC 4.0 campaign will be organized during November 2025.



**रक्षा लेखा प्रधान ननयन्त्रक (पेंशन)  
प्रयागराज**

**Principal Controller of Defence Accounts (Pension)  
Prayagraj**

**Pension Call Centre No (Toll Free)-1800-180-5325**

**IMPORTANT NOTICE FOR SPARSH PENSIONERS**

Beware of Fraudsters posing as Civilian Government Employees or Defence Personnel claiming to have contacts with the office of PCDA (Pension), Prayagraj and promising to resolve pension related grievances.

2. Please note that PCDA (Pension) Prayagraj has not authorized any person or agency for such work.

3. Such fraudsters may offer to expedite pension-related work or promise to secure legitimate dues in exchange for illegal payments/gratification/bribes.

4. Do not fall prey to Fraudsters

5. Use only the official Call Centre number 1800-180-5325

of PCDA (Pension) Prayagraj to obtain any pension related information.

6. Log into SPARSH Portal [www.sparsh.defencepension.gov.in](http://www.sparsh.defencepension.gov.in) using your ID and password for viewing your pension details and for registering grievance, if any.

**STAY VIGILANT AND PROTECT YOURSELF FROM FRAUD!**

## AN APPEAL TO RESPECTED VETERANS

The Executive needs to take decisions and implement policies in the best interest of the Scheme.

Please repose trust in those at the helm.

Please sign the declaration in the Appx and deposit with OIC PC, as early as you can. Remember you and the 20 L more primary Beneficiaries are the biggest stakeholders in the system. It is important that we weed out the culprits who have pawned their cards to unscrupulous elements, actual gangs who operate in various parts of the Country, who in turn are in cahoots with dishonest hospitals and corrupt employees of the ECHS.

How we go about remedying the situation cannot be public knowledge. Many measures are concurrently on. The Arrest of an OIC PC by CBI caught red-handed taking bribes recently is a part of the same concerted action.

This is just one of the several steps.

So, please do it yourself and contribute by encouraging all able bodied primary Beneficiaries to do it.

One Better, do escort a Sr. Beneficiary who is required to consult a MO once in three months to review his prescriptions and combine the Declaration to be deposited

Thank you for the being part of the movement to the strengthen the ECHS.

**Jai Hind**

## INSTRUCTIONS TO THE BENEFICIARIES & FORMATE OF SELF DECLARATION

1. To reaffirm your commitment in preventing misuse of ECHS cards issued to you and your dependents, **all primary beneficiaries** are requested to visit the parent polyclinic and sign the 'Self Declaration' in the presence of OIC and upload it before **30 June 2025**.
2. Format of 'Self Declaration' is as given below:-

'I hereby solemnly reaffirm and declare that "if any ECHS membership card issued to me and my dependents on my accts" is misused or used by any unauthorized person my membership will be cancelled without any notice or further hearing in addition, I will forfeit my contribution and i will pay the entire cost of expenditure incurred on such unauthorized claims. I will also be liable for legal action by ECHS Organization'.

**ECHS Beneficiary Name** -----

**Indl Sign**-----

**Date**-----

## OUR AFFILIATED LEAGUES

Name of League and address	President & Contact No	General Secretary
A&N Ex-Services League Shop No. 1, Ashirwad Bldg Lotus Colony, Adjacent to Agency House Workshop, Garacharma –II ATR, Port Blair (A&N Island)- 744105	Col K V Cherian, VSM & Bar Mob : 9932089801, 9434281518 E-Mail : terriersecurity@gmail.com	PO Harish Savanth Mob : 9434260773
Andhra Pradesh Ex-Services League, H No 19-1-24, Naralasetty, Vari Palem, Bapatla PO, Guntur Distt (AP) -522101	Hav Reddy Srinivasa Vara Prasad Mob : 8121572499 E-Mail : reddysvprasad@gmail.com	Sub Maj Manikya Rao Kagitha Mob : 7989513093
Bihar State Ex-Services League Vishwasharaiya Nagar, West of Canal, Bailey Road, PO: Danapur Cantt Patna- 801503 (Bihar)	Lt N K Singh Mob : 9304537945 nandsinghmaner@gmail.com	H/Capt Ashwani Kumar Mob : 9478825612 bexservicesleague@gmail.com
IESL UT Chandigarh House No 2528, Sector-35C, Chandigarh-160022	Maj RS Gujral Mob : 9417474759	
Delhi State Ex-Services League, B-24, Nishat Park Kakrola Mor, Dwarka, New Delhi – 110078	Lt Col Raghbir Singh Mob : 9716299009 E-Mail : raghu681@yahoo.com	Sub Sunil Dutt Sharma, Mob : 7827420361
Gujarat Ex-Services League Tenement No 232, GHB Sahakar Housing Colony, Sector -25, Gandhi Nagar, Gujarat – 382024	Brig J P Anklesaria, VSM Mob : 9428702770 E-Mail : ahdpp2010@gmail.com	Sgt Narsingbhai Chaudhari Mob : 9428608066
Goa Ex-Services League Flat No. 362, Model's Courtyard Cardoz Waddo, Durgawadi Taleigao, Panaji, Goa-403002	CPOR Anant Joshi 9422971250 797861810 anant818@yahoo.co.in	Sgt Ramdas Mahale Mob 9421154975 0832-2465433
Haryana Ex-Services League Plot No. 1, Sector -4 Extension, Sainik Path, Near Gymkhana Club Rohtak (Har) – 124001	Col RS Malik Mob : 8950087680 E-Mail : col.rmalik@gmail.com	Col TC Dahiya Mob : 9896503720 presidenthesl@yahoo.in
H.P. Ex-Services League Sainik Rest House, Dharamshala, Distt: Kangra (H.P.) -176215	Lt Col YS Rana Mob : 9736108811 E-Mail : colysrana@gmail.com	Sub Kewal Rana Mob : 8219704167 ieslhp1950@gmail.com
J&K Ex-Services League Zila Sainik Welfare Office Complex, Ambphala Jammu (J&K) -180 005	Lt Gen R K Sharma Mob : 8130762727 E-Mail : faujirakesh@yahoo.com	Col Rajinder Singh Mob : 9419165119 jkexservicesleaguejammu@gmail.
Karnataka Ex-Services League Flat No C-002 Skykline Ambrosia Apts, D Souza Nagar, Hosakere Halli, BSK 3rd State Bengaluru (Karnataka)-560085	Col SS Rajan Mob : 9449043770 colonelrajan44@gmail.com	Cdr CR Babu

Kerala State Ex-Services League, State Committee Office, Vimukthabhada Bhavan, TC- 27/347, Kunnukuzhy Vanchiyoor -PO Thiruvananthapuram-695035 (Kerala)	Lt Col Jayadevan P Mob : 6282476052	Hav SK Ajit Kumar Mob : 9495408548, 6235099348 kseslstatecommittee@ gmail.com
Ex-Services League Ladakh Scout, Opp S P Office Leh (UT Ladakh)-194101	H/Capt Sonam Murup Mob : 6006356171	Hony Sub Maj Tsewangnorboo Mob : 9419393097
IESL Maharashtra Hutment 'J', Azad Maidan Mahapalika Marg, Mumbai (Mah)	Sgt Gopal Wankhade Mob : 9011004201 E-Mail : gmw601@gmail.com	Sub Tanaji Keshav Waghmare Mob : 9860509227 ieslmah@gmail.com
Mizoram Ex-Services League, Treasury Square, Aizwal (Mizoram)	Lt Col Clement Lalhmingthanga – Mob : 9006555254	Hav/Clk Lalrinliana Mob : 700569925 aizawlmesl@gmail.com
Odisha State Ex-Services League, N-2/4, IRC Village Bhubaneswar (Odisha)-751015	Brig Antaryami Pradhan Mob : 9704958929 E-Mail : apradhan09@gmail.com	Brig Antaryami Pradhan Mob : 9704958929 E-Mail : apradhan09@gmail.com
IESL Punjab & Chandigarh Lopon Ashram Mkt Shop No. 23-24, G T Road udhiana-142026 (Pb)	Brig DS Grewal Mob : 921666043 E-Mail : dsgrawal1@rediffmail.com	Sub Jagdish Singh Mob : 7837135788 ieslpbc@gmail.com
Puducherry Ex-Services League, No. 40 , Badar Sahib street, Puducherry- 605001	Hav JK Perumal 7598292279 gdevaraju60@gmail.com	Hav Guna Sekar Mob : 8220126173
Rajasthan Ex-Services League C-1-A,Gaurav Sainani Kalyan Bhawan, Jai Singh High Way Agani Shaman Kendra Ke Pas, Bani Park, Jaipur – 302012	Lt Gen KK Rapswal, SM, VSM Mob : 8860631766	Gp Capt Shiv Lal Mob : 9414077961 rajleague20@gmaail.com 0141-2209870
Sikkim Ex-Services League Garuda House, Below Olive Dental Clinic, Near NB Bhandari Govt College, PO Tadong, Gangtok (Sikkim) 737102	Col Tashi Dhendup Bhutia Mob : 7585901017	
TN Ex-Services League Plot No. 1, OPP: Area CSD Canteen, Pasupathi Nagar P&T Nagar Madurai – 625017(TN)	Lt Col AA Rathinam Mob : 9003709210	Sub Maj (Hony Lt) S Sugumar 7904917668 tneslmdu99@gmail.com 0452-2371649
UP Ex-Services League B2, Krishana Nagar Lucknow (UP) -226023	Maj Yogendra Singh Katiyar Mob : 9839032257 E-Mail : yogkats786@gmail.com	Sub Maj Raghuraj Singh Mob : 8279952442
Uttarakhand Ex-Services League 61 F EC Road Complex Subhash Marg, Dehradun -248001 (Uttaranchal)	Maj Gen Mohan Lal Aswal Mob : 9717173948 E-Mail mohanlalaswal_06@yahoo. com	Lt Col SP Pokhariyal uesl2009@gmail.com 135-2712523
IESL West Bengal Block CP 7/3, Sector V Salt Lake City Calcutta -700091 (WB)	Col Apurba Sikdar Mob : 9475761628 E-mail apurbasikdar@rediffmail. com	H/Capt Samiran Sen, Mob : 9485205169 hqiesl.wb@gmail.com

**“COAS VETERANS ACHIEVER AWARD”**

**was presented to Sub Maj (Hony Lt) S Sugumar, Gen Secy, Tamilnadu Ex-Services League on 04 Aug 2025 at OTA Chennai for his best services provided to ESM and their families as well as social activities in public life**



# OUR LEAGUE PRESIDETS



Gen. KS Thimayya, DSO  
01 May 1964 to 18 Dec 1965



Field Marshal K M Carriapa,  
OBE 19 Dec 1965 to 07 May 1972



Maj Gen Tara Singh Bal  
08 May 1972 to 15 Oct 1977



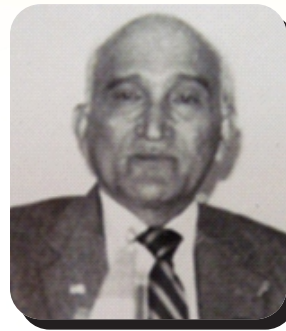
Col Qadam Singh Ahlawat  
16 Oct 1977 to 22 Mar 1980



Cmde B S Baswan  
23 Mar 1980 to 18 June 1983



Maj Gen P C Mohan  
19 Jun 1983 to 20 Oct 1984



Brig Ram Singh  
21 Oct 1984 to 29 Sept 1991



Brig Dal Singh, VSM  
30 Sept 1991 to 27 Sept 1997



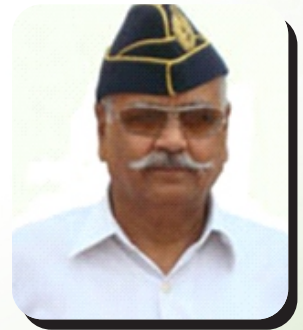
Maj Gen Bikram Singh, AVSM  
28 Sept 1997 to 28 Dec 1998



Brig Mohinder Singh  
29 Dec 1998 to 2 Mar 2005



Maj Gen Bikram Singh, AVSM  
03 Mar 2005 to 03 Mar 2008



Brig R K S Gulia  
2008 to 03 Mar 2013



Lt Gen Balbir Singh PVSM, VSM and Bar  
4 Mar 2013 to 3 Mar 2018



Brig Kartar Singh (V) IA  
09 Mar 2018 to 18 Mar 2023



Brig Inder Mohan Singh (V) IA  
19 Mar 2023 to Till Date

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